NORTH DAKOTA STATE UNIVERSITY
DEPARTMENT OF PSYCHOLOGY

Suggested Courses to Develop Skills that Prospective Employers Want

Skill	Description	Courses	Other Courses
Knowing how to learn.	• Understand how you absorb and retain information. • Learn when you are most alert and use this time to learn. • Keep aware of external events and reflect on hos those events affect you.	• Memory & Knowledge • Intro to Psychology	• Skills of Academic Success • Improvement of Reading • (Education)

Competence in reading, writing and computational skills.	• Reading skills.
	  o Be able to extract the important ideas from written words as well as graphs and tables.
	  o Be able to apply information to solve problems and answer questions.
	• Writing skills.
	  o Be able to communication ideas clearly, concisely, accurately and logically.
	  o Be able to write introductory summaries and wrap-up statements.
	  o Be able to document and illustrate ideas, including creating tables and graphs.
	• Computational skills
	  o Be able to identify problems in data.
	  o Be able to reason numerically. Be able to apply/use data to solve problems.
		• Research Methods I & II
		• Core Courses
		• 400 Level Courses
			• English
			• Computer Sciences
			• Philosophy

Communication skills.	• Be able to communicate (orally) ideas clearly, concisely and persuasively.
	• Develop "active" (versus "passive") listening skills.
	  o Be able to ascertain that you and another have a common understanding of the message.
	  o Be curious enough to probe for critical information.
	  o Be sensitive enough to hear and relate to the emotions behind another's words.
		• Research Methods I & II
		• Core Courses
		• 400 Level Courses
			• Communication
			• Speech
			• Seminars

Self-management skills.	• Believe in your self-worth. • Take sole responsibility for setting goals. • Generate internally the motivation to accomplish your goals. • Take actions that will best ensure your personal and career development.	• Organization Psychology • Field Experience • Independent Study (Research) • Behavior Modification	• Career Planning (Education) • Study Skills (Education) • Stress Management (Education) • Wellness (Food & Nutrition)

Skill	Description	Courses	Other Courses
Adaptability	• Develop a "set" of curiosity. • Think creatively. • Solve problems effectively and quickly.	• Research Methods I & II • Core Courses • Behavior Modification	
Influence skills. (Ability to achieve personal goals, as well as influence others and the larger organization.)	• Be competent in skill areas above. • Know how organization is structured, how it works, and why it works the way it does. • Know how, why, when and by whom decisions are really made.	• Experimental Social Psychology • Behavior Modification • Social Interaction • Attention & Thinking	• Speech • Mass Communication • Business